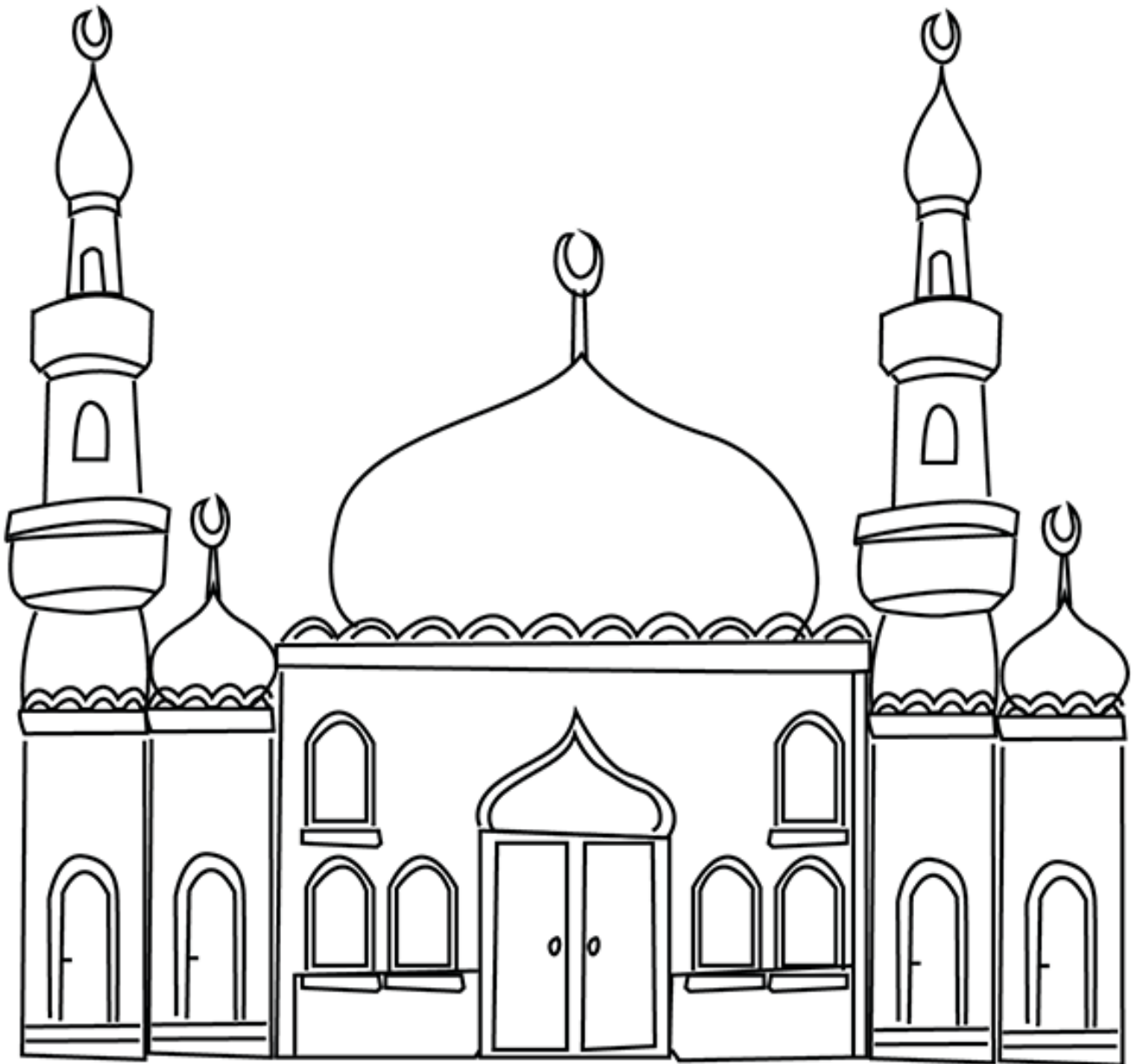


Ramadan Booklet

CLASS 3 + CLASS 4



Sawm + Ramadan

As you know, the 3rd pillar of Islam is Sawm. This means to fast, to stay away from eating and drinking. When Muslims fast, we do not eat or drink from dawn (Fajr) to sunset (Maghrib). This is known as Iftar.

Allah has asked Muslims to fast in Ramadan, the 9th month in the Islam calendar. Ramadan starts once we see the new moon and ends when we see another.

During this month - Ramadan, Muslims become closer to Allah. To do this, they pray more, read more Qur'an and do more charitable acts. We also pray a special salah at night, known as Taraweeh.

Ramadan is the _____ month in the Islamic calendar. During this, Muslims across the world fast from _____ to _____. We break our fast with a meal which is known as _____. As well as this, Muslims get closer to Allah by doing extra deeds, like praying a special salah called _____ at night.

Find the following keywords in the wordsearch below:

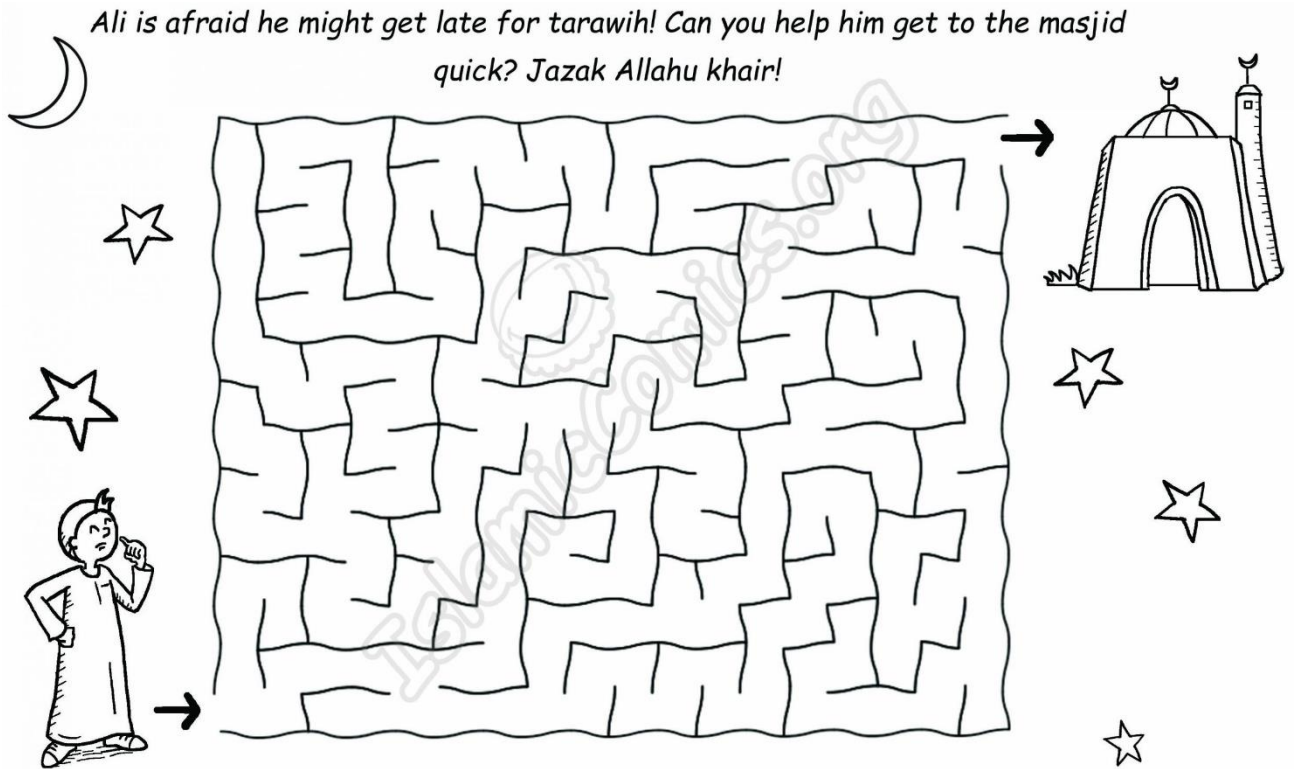
- Ramadan
- Sawm
- Iftar
- Taraweeh
- Fajr
- Maghrib
- Quran

H	K	L	M	F	L	E	F	K	G	D	S	U	V	C
R	E	G	Z	A	R	Q	U	R	A	N	L	J	F	X
A	M	E	S	E	J	G	I	K	T	L	U	B	Y	B
M	S	H	W	U	A	H	Q	L	R	V	R	L	I	U
A	M	W	C	A	F	I	K	A	K	W	V	R	N	N
D	U	N	X	S	R	R	A	T	F	I	H	Q	P	H
A	V	Y	A	M	R	A	K	M	O	G	Z	T	Y	G
N	E	W	X	U	B	G	T	C	A	D	H	A	S	A
N	M	B	K	B	X	C	L	M	R	F	W	R	K	S
X	B	P	N	D	K	L	I	F	F	H	K	P	G	Z

Muslims believe fasting shows us different ways to worship Allah. This is because Ramadan is for our own benefit. It is known as the month where we can receive more blessings, mercy and forgiveness from Allah. These can be received through fasting, praying, remembering Him and staying away from all bad actions.

However, not all people HAVE to fast during Ramadan. For example, if you are sick or travelling, you do not have to fast. You can make these up after Ramadan instead.

Now complete the activities below:



Match the following keywords to their meaning:

Ramadan

Iftar

Sawm

Taraweeh

A special salah prayed after Isha salah during Ramadan

The 3rd pillar of Islam

The 9th month in the Islamic calendar

A meal which breaks our fast

Now that you have learnt more about the different blessings of Ramadan, write a few sentences about your aims for this Ramadan and how you plan to achieve them. E.g., you may want to be more helpful this Ramadan. To do this, you can help your family prepare for Iftar or help take care of your younger siblings.

Ramadan is also divided into 3 sections. The first 10 are known as the days of mercy, the second 10 known as the days of forgiveness, and the third known as the days of freedom from the fire.

The last 10 nights are particularly important to Muslims. This is because are our final chance to benefit from the immense blessings of Ramadan and seek forgiveness before the month comes to an end. The 27th night is considered very important as this is known as the day of Laylatul-Qadr. We believe that whoever prays on the night of Qadr out of sincere faith and hoping to attain Allah's rewards (not to show off) will have their past sins forgiven.

The Last 10 Nights

The last ten nights of Ramadan are very special, as The Night of Power is among them (but we don't know which it is!) Many Muslims make a point of doing many good deeds during those last 10 days and nights, as the rewards with Allah are amplified.

Can you come up with a list of 10 good deeds you can complete in the last 10 nights?

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Rules of Fasting

You don't have to fast if:

- You are elderly and fasting will harm your health.
- If you have an illness that requires you to take medication.
- If you are pregnant.

If you are able to fast but don't or if you break your fast on purpose before sunset:

- It is seen as a major sin.
- For every fast you did this, there is a penalty (fasting or feeding the poor).

Other rules:

- If you accidentally eat/drink because you forgot you were fasting, your fast is still fine – just carry on.
- If you are becoming very ill during your fast, you can break your fast.
- If you are travelling to somewhere that is 30 miles from your city and you are staying there for less than 10 days, you don't have to fast. If you are staying there for more than 10 days, then you have to fast.

Now that you have read the above rules, decide whether the person in each statement should or shouldn't fast.

1. My doctor told me I have to take tablets 3 times a day and advised me not to fast because it will harm my kidneys. I really want to give fasting a try though because my family are fasting and I will feel left out.
2. I find it hard to wake up before sunrise to eat and drink so I don't really want to fast.
3. Ramadhan now takes place in the summer. It is just too hot to go throughout the whole day without water. I know people who are poor do this every day but I can't do it. I don't want to fast

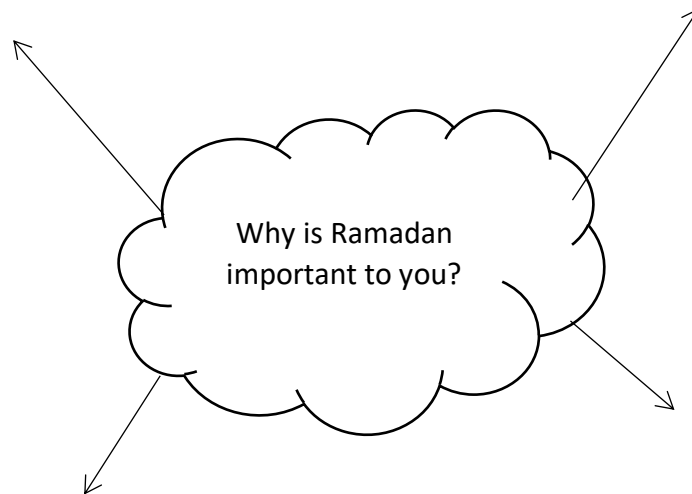
History + Importance of Ramadan

Muhammad (s) received the Qur'an during the month of Ramadan and this significant event is remembered and celebrated by Muslims.

Here are some quotes which show its importance:

- "The month of Ramadan was named so because it burns the sins". (Prophet Muhammad)
- "When the month of Ramadan starts, the gates of the heaven are opened and the gates of Hell are closed and the devils are chained". (Prophet Muhammad)
- "Ramadhan is a month of Allah's blessings, mercy, forgiveness. It helps us to escape from the punishment of Hell in the life after death". (Ghulam Sarwar)

Now that you have read this, think about why Ramadan is important to YOU. Fill in the brainstorm below with your thoughts and ideas:



Eid-ul-Fitr

When Ramadan ends, the day of Eid-ul-Fitr arrives. Muslims do not fast on this day, rather we thank Allah for the blessed month of Ramadan by offering Eid salah and enjoying the day with friends and family. On this day, we also share out food with people who do not have enough.

Eid-ul-Fitr has a particular Salah consisting of two Rakahs and generally offered in an open field or large hall. It is performed only in congregation (Jammah) and then a sermon (Khutbah) is given afterwards.

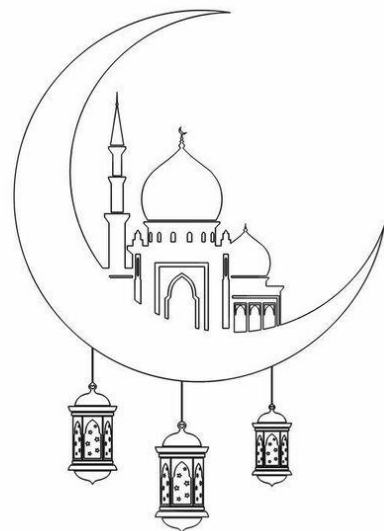
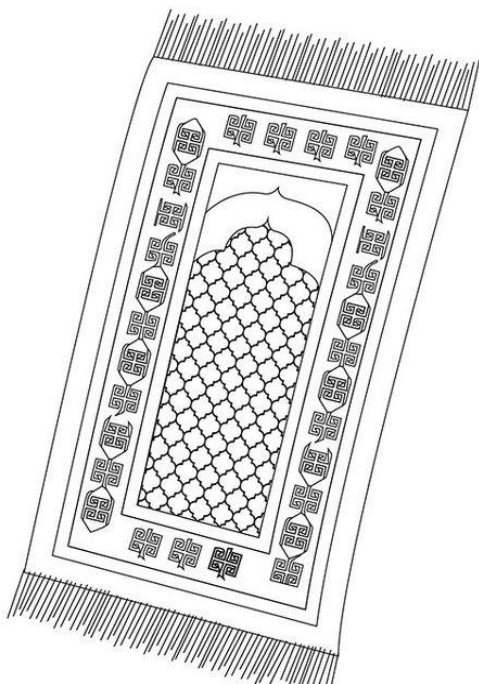
After this, we wish fellow Muslims 'Eid Mubarak' and visit friends and family. One of the most recommended acts on this day is to continuously remember Allah and recite 'Allahu Akbar' (Allah is the Greatest). People also wear new clothes as Prophet Muhammad (s) is reported to have worn a specific cloak on Eid.

Before the end of the month of Ramadhan, every adult Muslim who is able to, must pay what is known as Zakat-ul-Fitr. This is a compulsory act, and also the 4th pillar of Islam. This money is used to feed the less fortunate across the world.

Label the following statements either True (T) or False (F):

1. Muslims fast on the day of Eid-ul-Fitr
2. Eid salah is only prayed at home
3. There is usually a Khutbah or sermon after the Eid salah
4. We do not visit friends and family, we celebrate at home only
5. Muslims also wear new or clean clothes on the day of Eid. like the Prophet Muhammad (s)

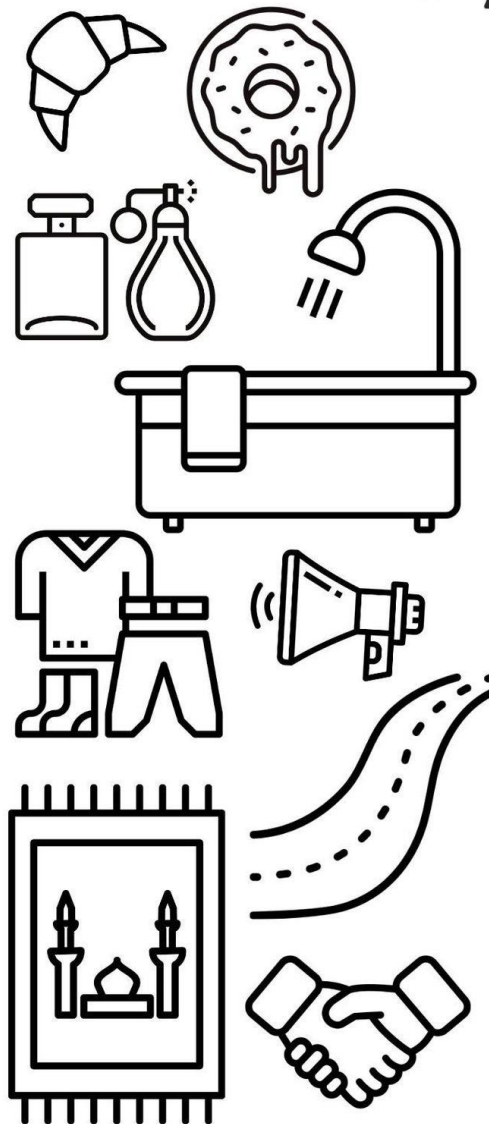
Complete the colouring activity below:



Now we are going to look more closely at the etiquettes of Eid-ul-Fitr. They are as follows:

Eid Al-Fitr Etiquette

1. Eat something sweet prior to Eid prayer.
2. Take a bath, wear your best clothes, and put on cologne prior to prayer.
3. Say takbeerat (God is Great). These start from the eve of Eid and end when Eid prayer begins.
4. Attend Eid prayer and khutba (sermon)
5. Refrain from praying extra prayers before or after Eid prayer
6. Use alternate routes to and from prayer
7. Congratulate each other; the Prophet's companions would say, "May Allah accept from us and from you."





And an early Eid Mubarak!