

LO: To know how to be mindful of our bad habits that could potentially take us away from our deen

TASK 1: Can you list any bad habits that may affects your deen

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TASK 2: Read below which are some examples of bad habits/ conducts

Bad Conduct

Lying

“Woe to him who tells lies to make people laugh! Woe to him! Woe to him!”
(*Ahmad, at-Tirmidhi*)

“It is great treachery that you tell your brother something he accepts as truth from you, but you are lying.” (*Abū Dāwūd*)

Backbiting

“If anybody pledges to me that he will keep his tongue under control, guard his chastity, will not speak ill of others nor indulge in slander and backbiting and refrain from adultery and similar sins, I shall assure him of Paradise.” (*al-Bukhārī*)

Suspicion

“Beware of suspicion, for suspicion may be based on false information, do not spy on another, do not disclose others’ hidden defects.” (*al-Bukhārī*)

Jealousy

“Keep away from jealousy for as fire burns wood, so jealousy consumes good actions.” (*Abū Dāwūd*)

“Nothing is more atrocious than injuring unjustly a Muslim’s reputation.” (*at-Tirmidhi*)

Anger

“He is not strong who throws down another, but he is who controls his anger.” (*al-Bukhārī, Muslim*)

“If anger rouses anyone, he should sit down and if that does not help, he should lie down.” (*at-Tirmidhi*)

TASK 3: Find two more hadiths of bad habits/conducts. You can use the link below

[9 Tips to Change Bad Habits and Become a Better Muslim. | ISLAMTICS](#)

